

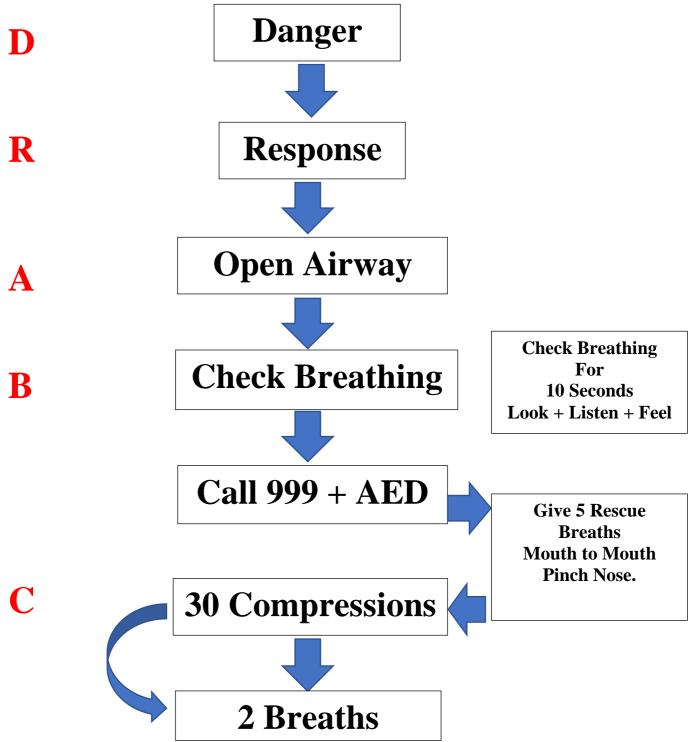
Repeat 30: 02 or Chest Compressions only with two hands until; normal breathing returns; emergency services ask you to stop; AED says do not touch.

## When AED arrives switch on and follow instructions

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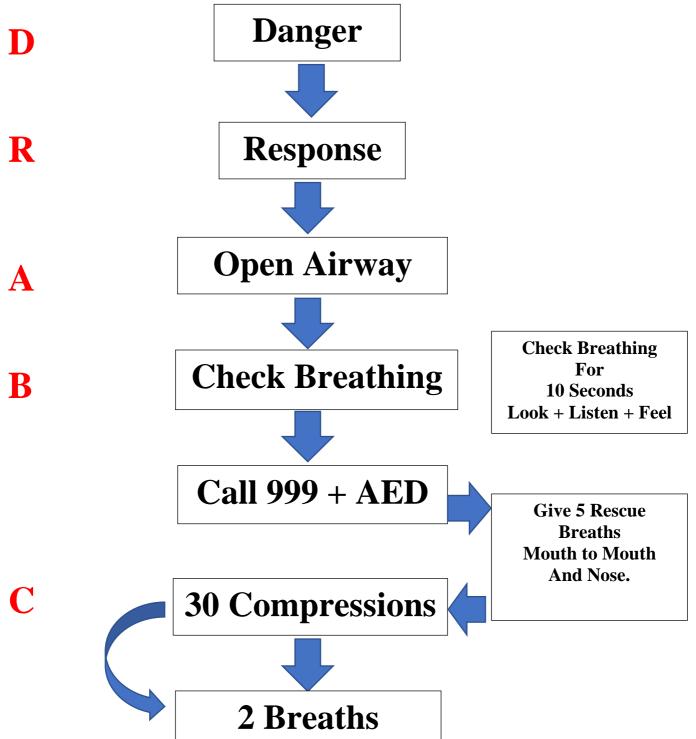
Repeat 30: 02 with one hand or two until; normal breathing returns; emergency services ask you to stop; AED says do not touch. IF YOU ARE ON YOUR OWN DO CPR FOR 1 MINUTE BEFORE GOING FOR HELP!!!!!!

When AED arrives switch on and follow instructions

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Repeat 30: 02 with first two fingers until; normal breathing returns; emergency services ask you to stop; AED says do not touch. IF YOU ARE ON YOUR OWN DO CPR FOR 1 MINUTE BEFORE GOING FOR HELP!!!!!!

When AED arrives switch on and follow instructions

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