



SAFE USE OF STEPS AND LADDER TRAINING

Target Audience:

Any person who, during the course of their employment, has to work at any height needs to be trained and competent to do so and able to consider the risks they pose to themselves and to others by engaging in working at height. Working at height would include the use of steps and small step ladders in an office or non-industrial environment. The removal of the “2 metre rule” means that any person working in an elevated position (off the ground) is deemed to be working at height.

The Objectives / Learning

Outcome:

Understanding of current relevant legislation and to be able to demonstrate their ability to work with steps and ladders.

Course Details:

There is a maximum of 12 places available.
Validation of Certification: 1 year.
Course Duration: 3 hours.

Content:

- Health & Safety
- Maintenance
- Storage
- Do and Don'ts
- Practical fault finding

Assessment:

There is a short multi choice paper.

Important:

Compliance with the Working at Height Regulations can reduce the risks of accidents and incidents.

There is a simple hierarchy for managing and selecting equipment for work at height.

Duty holders must:

- Avoid work at height where they can;
- Use work equipment or other measures to prevent falls where they cannot avoid working at height;
- Where they cannot eliminate the risk of a fall, use work equipment or other measures to minimise the distance and consequences of a fall should one occur.